



ADULT CLASSES

DATES AND TIMES 2026

MOANA POOL

COURSE DATES 2026

TERM 3

BLOCK 1

Monday 20 July – Monday 17 August

Wednesday 22 July – Wednesday 19 August

BLOCK 2

Monday 24 August – Monday 21 September

Wednesday 26 August – Wednesday 23 September

CLASS TIMES

JUST SWIM FOR CONFIDENCE

Monday 6.35pm

Wednesday 6pm

JUST SWIM TO MOVE

Monday 6pm

Wednesday 6.35pm

JUST SWIM FURTHER

Monday 7.10pm

Wednesday 7.10pm

JUST SWIM FOR FITNESS AND TRAINING

Monday 7.10pm

Wednesday 7.10pm

The five week course gives swimmers one lesson a week on the day booked and free access to Dunedin pools to practice for the duration of the course.

VISIT: www.justswim.nz for further information and enrolment.

03 471 9659 | justswim@dcc.govt.nz